

3.3 MEAL INFORMATION

At Toyon Bay we pride ourselves on the quality of food we put out for our guests. We endeavor to fulfill dietary needs while providing a menu guests enjoy. Our meals are set up "buffet style" with a hot meal and a salad bar. Students will enter the dining hall and sit down at their designated tables and wait to be dismissed by CIMI staff. Anyone with special and/or specific dietary needs will have an opportunity to chat with a chef before every meal. In some cases, alternative foods will be available for students with dietary restrictions. After each meal, an assigned clean-up crew from each school will stay behind to clean all tables and sweep the floor.

General Guidelines

- ▶ All students and adults are to meet their Program Coordinator prior to meals for announcements.
- ▶ Students should enter the dining hall in an orderly fashion.
- ▶ To reduce food waste, encourage students to take only as much as they can eat.
- ▶ All students will be responsible for bussing their own dishes and putting their chair away.
- ▶ Clean-up crews will wipe down tables and sweep the floors.

SAMPLE MENU

Breakfast:

Hot bar: pancakes, sausage, scrambled eggs, hash browns

Cold/Fruit bar: cereal selection, yogurt, fresh fruit, bagels or english muffins, jam

Drinks: water, fruit juice, milk

Lunch:

Hot bar: pizza, hamburgers, corn dogs, cold-cut sandwiches

Salad bar: mixed greens, chopped veggies, cheese, croutons, canned fruit, salad dressings, potato salad, pasta or soup

Drinks: water, fruit juice

Dinner:

Hot bar: lasagna (meat & veggie), turkey, chicken, Mexican style meal

Salad bar: same as lunch with a vegetarian side dish

Dessert: brownies, cookies, cake, ice cream

Note: This is a sample menu only. Food items are subject to change and vegetarians are accommodated at each meal. Prior to departure, the Assistant Program Director will contact the group leader for any special food needs or allergies. Food is of high quality and there is plenty of it. Please refrain from bringing extra food or snacks as these will attract insects and rodents.